



Athy Rugby Camp-Out



The “Savvy Camper’s” Advice Sheet

To ensure that everyone gets the maximum enjoyment possible from the Camping element of the Event, we advise the following to ensure that participants are ready for anything that the conditions might provide:-

EQUIPMENT LIST

Tent

- Tent– check all parts in place – see next section
- Sleeping Bag
- Sleeping mat
- Pillow
- Torch

N.B. - PLEASE CARRY OUT TRIAL ASSEMBLY AND LABEL PARTS TO MAKE LIFE EASY

Clothing

- Change of clothes for 2 days
- Warm jumpers
- Spare runners or shoes
- Pyjamas
- Coat, Rain Gear, Hat & Gloves
- Towels

Personal Care

- Wash bag
- Tissues / Baby Wipes
- Toilet Paper (toilets are portaloos)
- Medical – plasters, Calpol etc

Things a savvy camper would bring

- Plastic bags for wet/dirty clothes
- Sun cream (wishful thinking!)
- Spare pegs, twine/rope
- Basic tools – such as a hammer
- Anything else you can think of to make life easy?



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Camping Advice / Rules



We would like to advise you all that this is an Outdoors Event and while we are making every effort to maximise the comfort of participants it is important to remember that a big part of the fun will be in “Roughing It” a little, i.e. Portaloos & Paper Plates and as it is essentially a Children’s Event, we will have no Shower Facilities available.

The following Advice / Rules are essential if we are to ensure that everyone has an enjoyable, memorable experience in a safe, controlled environment. Please read and adhere to them:-

1. **Trial Assembly – what the savvy camper would do:**

- Please pitch your tent at home before travelling
- Please ensure all parts of tent are repacked and labelled as a tent missing any part is of no use.
- Arriving with a tent that you have set up before will mean that you can get set up quickly and can relax and enjoy the evening ahead. (Failing to do so is to invite headaches, frustration and possibly a poor night’s sleep).

We will have some volunteers to help but they won’t be able to work magic!

2. **Child Protection:** Adults SHOULD NOT share a tent with a child that they are not the parent of. Under child protection laws an under 18 and over 18 cannot share the same tent. This is to protect both parties and is a regulation we wish to follow on this camp. *(One possible solution is to put all children in one or 2 large tents with Adults in separate tents)*
3. **Behaviour:** Athy R.F.C. will reserve the right to require persons who act in a disruptive or inappropriate manner to desist and / or leave the grounds
4. **Supervision:** No children are permitted to leave the grounds during the Event without appropriate Adult supervision.
5. **Responsibilities:** For this Event, Athy R.F.C. will provide the Rugby Blitz, a Meal, Fun Activities, a Camping Area and ancillary facilities but the responsibility for the supervision and welfare of the children participating rests with each participating club including; it’s Coaches, Parents and all adults attending from that club.